



WELCOME TO  
THANYARAK INSTITUTE

# THANYARAK INSTITUTE

- The first and largest treatment center for drug dependence in Thailand.
- **Supervise by the Department of Medical Service, Thai Ministry of Public Health since 1959 (Operated for 50 years)**
- The input here is about 770 beds

# THANYARAK INSTITUTE

## Vision

International leader in drug addict treatment.

## Mission

Develop and transfer drug addict Treatment modality to return community good men.

# RESPONSIBILITY AND FUNCTION

- 1. Providing treatment and rehabilitation for drug dependence both as out-patient and in-patient
- 2. Thanyarak Institute serves as the center for training medical paramedical personnels, researching in prevention, treatment and rehabilitation in drug dependenc



# RESPONSIBILITY AND FUNCTION

- 3. **Serve as the authorized center for identification of suspected drug dependent consumption cases of the Ministry of Public Health.**
- 4. **Offer rehabilitation, including vocational training to our clients that will enable them to live productive life in the society by Therapeutic community approach.**

# RESPONSIBILITY AND FUNCTION

- **6. Serve as diagnostic center and a treatment center for drug dependent persons with HIV positive**
- **7. Licensing and accreditation any drug treatment clinics.**
- **8. Directing 6 regional treatment centers**

# 6 regional treatment centers

We have 6 satellite treatment centers in Thailand



MAEHONGSON DRUG DEPENDENCE TREATMENT CENTER



CHIANG MAI DRUG DEPENDENCE TREATMENT CENTER



UDONTHANI DRUG DEPENDENCE TREATMENT CENTER



THANYARAK INSTITUTE OF DRUG ABUSE



KHAN KAEN DRUG DEPENDENCE TREATMENT CENTER



SONGKHLA DRUG DEPENDENCE TREATMENT CENTER



PATTANI DRUG DEPENDENCE TREATMENT CENTER



# STRATEGIES

- **1. Develop, transfer and evaluate drug addict treatment modalities.**
- **2. Encourage treatment research and widespread to worldwide.**
- **3. Develop treatment information technology.**
- **4. Develop human resource' s knowledge and etiquette.**
- **5. Develop treatment network to standard level.**



# Thanyarak Institute Human Resource

➤ Physician	18
➤ Dentist	4
➤ Pharmacist	4
➤ Nurse	169
➤ Psychologist	4
➤ Social worker	4
➤ Other professional	69
➤ Employee	291
➤ Total	563

# TREATMENT SYSTEM

❖ **We have two patient treatment systems**

➤ **1. Voluntary System**

➤ **2. Compulsory System**

# Treatment Service

**Medical treatment** phase is facilitated as both **In-patient** and **Out-patient**

- systems takes about 1 month

**For In-patient ,we provide four services:**

- **Pre-admission** services for patients who plan to stay in the institute. They will get personnel interview, family counseling and orientation.
- **Detoxification** services for patients who need medical detoxification by substitution method. Usually, methadone is prescribed for detoxification for heavy heroin addict patients and other medical treatments are for non-opiate dependent cases.

# Treatment Service

- **Rehabilitation services** for patients who do not need medical detoxification anymore. Rehabilitation includes psychotherapy, occupational therapy and vocational therapy.
- **After-care services** for patients who finish our treatment program. They will get our follow up program for one year. Follow up program may making an appointments to the institute, or by telephone, mailing the questionnaires, or home visits depend on the patient.

# Treatment Service

**For Out-patient ,we provide:** methadone at the clinic everyday or taking home other medicines depend on doctor diagnosis

➤ **Methadone clinic** for heroin addicts: taking methadone solution once everyday and taper dose to none for 21 days

➤ Methadone Maintenance Prescription

# Model development for treatment



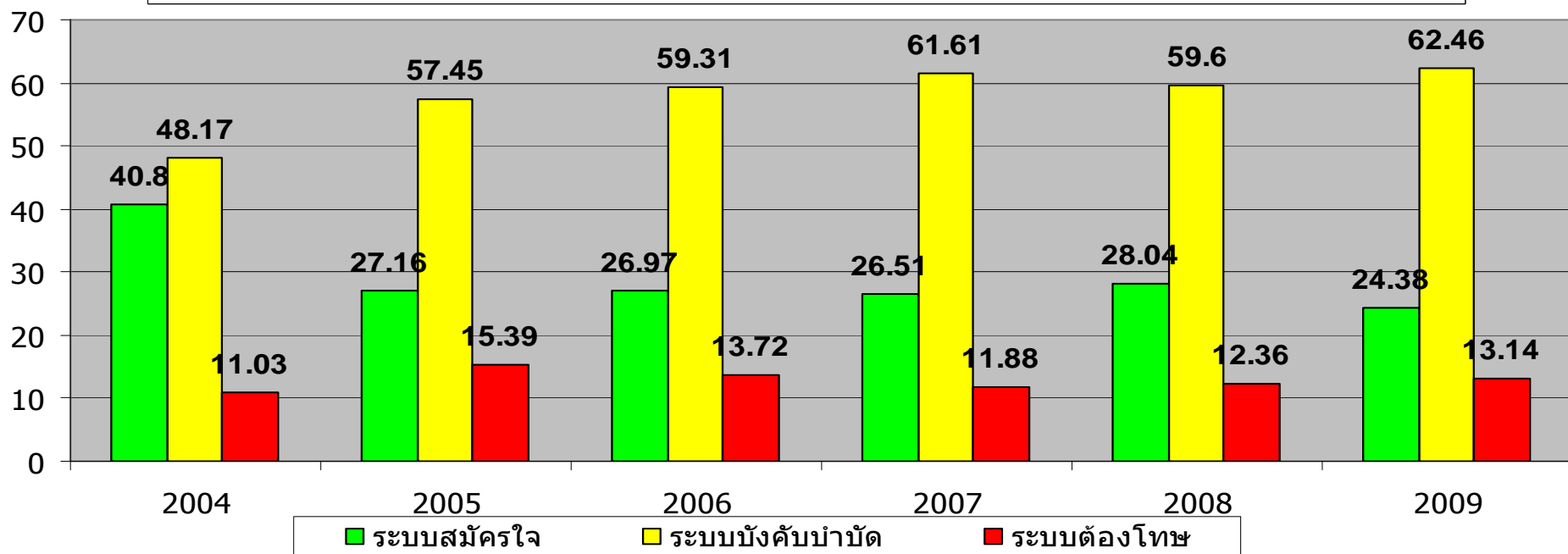
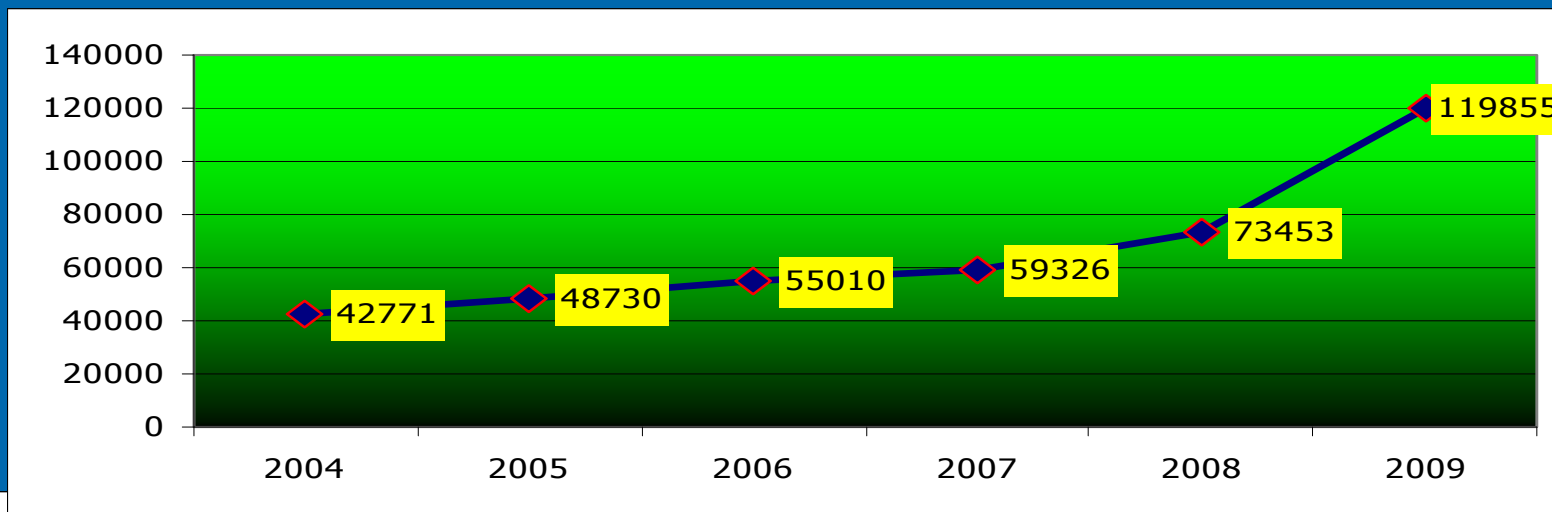
- **FAST Model** for In-patient
- FAST model use TC\* model as a core  
'Family' oriented, various  
'Alternative' treatment activities, support  
client with 'Self-help' idea.
- concentrate program course 4-6 months  
after admission

\*TC (Therapeutic Community model) USA

# Model development for treatment

- **Matrix program** for Out-patient  
focus on Cognitive Domain which  
divided in 2 phase
  1. Intensive Phase or Intensive Outpatient  
Program( Matrix IOP)
  2. After Care Program or Supportive Phase

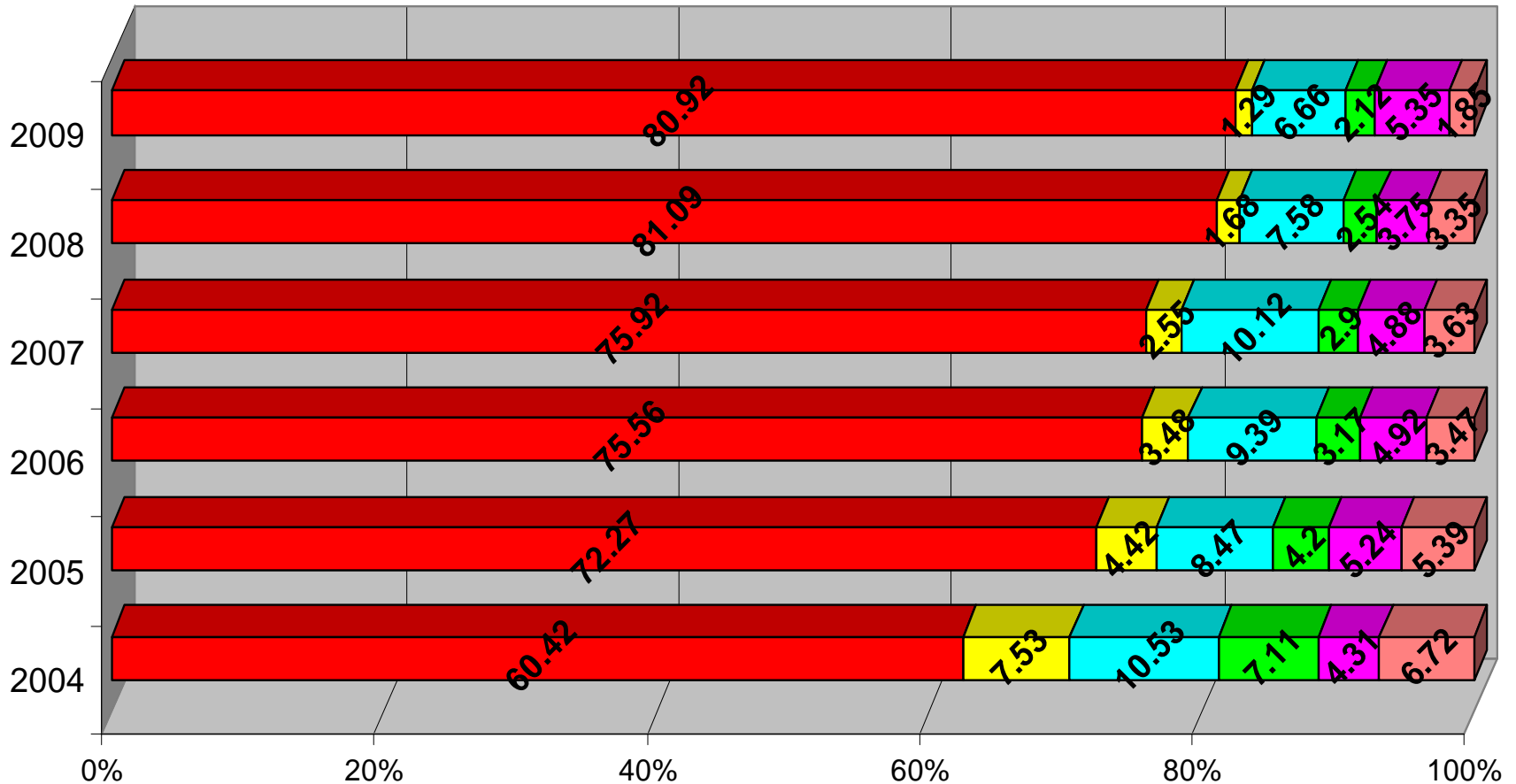
# Number of Patients of Thailand as Treatment System in 2004– 2009





# Number of admissions as per Types of Drug Abuses in 2004– 2009 (Over a country)

Types of Drug Abuses



■ Amphetamine  
 ■ Heroin  
 ■ Marihuana  
 ■ Opium  
 ■ Inhalant  
 ■ Other

# Hospital Profile

Service	2007	2008	2009
Out-patient	2,036	2,348	3,274
In-patient	4,036	4,088	3,853
Other illness (exclude drug addict)	13,024	12,714	11,266
Bed occupied	76.91	82.28	81.56
In-patient mortality rate	3(0.18%)	2(0.05%)	-
Discharge cases from drug detoxification service	3,790 (95.27%)	3,587 61.23%	3,419(88.74%)
Re-entry cases	18	13	28
Discharge cases from reentry which can earn his life or continue study and abstinent	16 (88.89%)	10 (77%)	24 (85.71%)

# STATISTICAL DATA FROM THANYARAK INSTITUTE IN 2008 - 2009

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Categories	2008			2009		
	Male	Female	Total	Male	Female	Total
Thanyarak Institute						
: New to this institution	1,899	648	2,547	1,602	638	2,258
: Recidivists	1,276	265	1,541	1,316	279	1,595
: Total admission	<b>3,175</b>	<b>913</b>	<b>4,088</b>	2,936	917	3,853

## Number of admissions as per Types of Drug Abuses in 2008 – 2009 (Thanyarak)

Types of Drug	Total		Percentage	
	2008	2009	2008	2009
<b>Amphetamine</b>	2,815	2,410	68.86	62.55
<b>Marihuana</b>	88	80	2.15	2.08
<b>Inhalant group</b>	87	155	2.13	4.02
<b>Heroin</b>	56	46	1.37	1.19
<b>Other (Alcohol, Kratom, Hypnotics, etc.)</b>	924	1,047	22.60	27.17
<b>Total</b>	4,088	3,853	100	100

# Treatment Activities



# Treatment Activities





# Treatment Project in the South of Thailand

# Training Personnel for Treatment



# Public Relations





# Treatment Project in Community



# Foreigner's Visit & Network



# Question & Answer

